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Rescue Squad "Charlie" Says

"Don't delay ... clean our your medicine cabinet today! Throw out all old medicines and be sure to keep *out* of the reach of children. Please don't resolve to do this as a "New Year's Resolution", do it now, tomorrow might be too late."

Eliminate Wash-Day Blues

BLACKSBURG -- Singing the blues is a traditional, and at times enjoyable, method of relieving tensions, frustrations, and fatigue. But singing the wash-day blues can be avoided according to Wanda A. Golden, Virginia Tech instructor in the College of Home Economics and Extension specialist in housing.

It is obvious that the larger the family, the more laundry that needs to be done; but even small families produce a sizeable pile of soiled clothing and household linens each week. If the home laundry is poorly located and equipped, the homemaker will waste a considerable amount of extra time and energy getting the job done.

For many years, the home laundry was located in the basement and the homemaker had to trudge up and down stairs many times in order to get the week's laundry done. Today, appliance manufacturers have designed their equipment for location in more convenient areas within the home. Two areas highly recommended are the bedroom-bathroom and the kitchen.

The bedroom-bathroom area is being chosen by an increasing number of homemakers. Most soiled linens originate there and most soiled clothing is removed there. It is, therefore, an ideal location for the laundry hamper and the washer and dryer.

Also, the necessary plumbing is relatively near and laundry equipment installation should be reasonably easy and economical.

The kitchen area is popular with many homemakers because of the amount of time they spend there and the proximity of necessary plumbing.

There are many other good locations for the home laundry that should be considered in spite of the fact that additional plumbing costs may be encountered. A family or hobby room is one such choice; a spare bedroom, patio, breezeway, or carport are others.

Miss Golden recommends that, no matter where the home laundry is located, adequate space be provided for the laundry hamper, for the storage of necessary supplies, and for working convenience.

She also reminds the homemaker that it may be possible and advantageous to combine the laundry, ironing, and sewing areas. Such an area might result in a lot of singing, but not the wash-day blues.

VOTING MACHINES ARRIVE

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a permanent record and reduced election expenses. Over 10,000 cities coast to coast are using automatic voting machines.

FARMERS IN COUNTY GROSS $4,554,000

Cont'd from page 1

Of the cash receipts from the sale of farm goods, an estimated 55% came from crops and 45% from livestock, poultry and dairy products.

As for net income, that is another story. Inflation wiped out a good part of the prospective gains because prices paid by farmers for production items, interest, taxes and wages rose considerably during the period. The rise was about five percent in 1971, according to the Department of Agriculture.

This year, however, prospects appear to be much brighter, except in areas that were hit by tropical storm Agnes . Aided by better prices for most commodities, the farm community as a whole is looking forward to ending 1972 in better shape than it has for some time.

SUPPORT YOUR APPOMATTOX COUNTY RESCUE SQUAD

HOLD IN HEAT, KEEP OUT COLD!
Just Tack Over Windows.. Doors.. Porches & Breezeways
Warp's CRYSTAL CLEAR FLEXIBLE PLASTIC
FLEX-O-GLASS
ONLY 36¢ Run
3 ft. wide. Also in 4 ft. widths
So Easy to Install Anyone Can Do It
QENUINE FLEX-O-GLASS is far stronger than polyethylene—it's the only plastic window material
So Inexpensive Anyone Can Afford It
Look for Warp's brand on the edge for your protection
GUARANTEED 2 FULL YEARS
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AT YOUR HARDWARE, LUMBER & BUILDING SUPPLY STORE

Make Your Own LOW COST, STORM DOORS, STORM WINDOWS, PORCH ENCLOSURES
WITH ONE OF Warp's TOP QUALITY Cheaper than Glass
WINDOW MATERIALS
FLEXIBLE, SHATTERPROOF, MADE BETTER, LAST LONGER
Just Cut to Size and Tack On
All 36" wide
WE HAVE THE GENUINE
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The Pastor Speaks

Come Out Of The Stands

Bud Wilkinson, formerly head coach at the University of Oklahoma who later directed the President's Physical Fitness Program, was in Dallas sometime ago. A young reporter from a television station asked, "What would you say is the contribution of modern football to physical fitness?"

Wilkinson responded immediately, "Absolutely nothing!" The poor reporter was so taken back he did not know what to say. Finally he asked, "Would you care to elaborate?"

"Certainly," replied Wilkinson, "I define football as twenty-two men on the field desperately needing rest and forty thousand people in the stands desperately needing exercise." What a definition of the church. The average church in America is operated by 20% or less of its membership. The rest of the people are spectators. I would like to challenge you to come on out of the stands next Sunday and get involved in what is going on in Sunday School. Come to the evening service and to the prayer service. Get involved in the meaning of Christian stewardship. Become concerned about the needs of others. Take advantage of the best possible training that will help you to introduce others to Christ. Come on down out of the stands and get involved where the action is, it's on the field of life!

Richard C. Brackin, Pastor
Liberty Baptist Church
Appomattox, Virginia

The Sunday School Lesson

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Comment on the International Sunday School lesson for October 15, 1972. Topic: Exploitation of Persons: The Sexual Revolution. Background Scripture: Exodus 20:14; Proverbs 7; Matthew 5:27-30; 1 Corinthians 7; 1 Thessalonians 4:1-8.

Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price. So glorify God in your body. 1 Corinthians 6: 19-20.

What our lesson topic terms "the sexual revolution" is not really a new social problem. If we read the Scriptures, we will find that sex, an essential element in the human makeup, has been abused since early in the experience of the race. Sex is more openly and freely discussed and indulged in now than it was a generation and more ago, but not more so than in some other periods of history. Sex is not the discovery of the current generation, although each generation appears to think that that is the case.

God has made the human being with at least four natures: the physical, in which the individual is sufficient to himself in the bodily processes essential to living; the sexual, in which an individual of one sex requires the complement of an individual of the other for fulfillment; the social, in which each individual needs association with other individuals for companionship and friendship; and the spiritual, in which the individual must enter into communion and fellowship with God to attain the highest satisfaction in life.

Just as the other natures of the individual may be abused, so may sex. What is commonly termed sexual freedom is really license. True sexual freedom is, as both abstract freedom and the specific freedoms are, a golden mean, between the extreme of repression on the one hand and of promiscuity on the other. The Scriptures, as those who read the Scriptural background for this week's International Sunday School lesson will find, show clearly the golden mean in the expression of the sexual nature. This golden mean is not in denial or repression of the sexual nature nor is it in promiscuous indulgence. Rather, it is found in the structure of marriage, the foundation of the family and the home, the basic social unit.

In the divine order for man, marriage was ordained as the institution through which the human race is to be perpetuated. From the marriage union of one man and one woman, the purity and the stability of the family are insured. In his social development, man has amplified, the significance of the purity of the family for economic (for example, in the inheritance of property) and social reasons. Marriage is more than a legal contract and a social state. There is a mystical and spiritual element in marriage, to which the Genesis account of the creation of woman gives expression: "Therefore a man leaves his father and his mother and cleaves to his wife, and they become one flesh." Jesus reiterated that mystical and spiritual element in marriage and gave to it His approval, an approval which makes it the norm and standard for Christians in the matter of sex. The so-called sexual revolution represents an emphasis on sex out of all proportion to its worth and significance in the life of the person. It is destructive of personality, promiscuity, and perverted sexuality, adding sensuality, exploitation of persons, and the use of persons as objects to gratify sexual desires without regard for the welfare of the other person. This destroys another fallacy current among children and youth, the idea that sex is the sole owner of the body. Paul reminds us that our bodies are not our own, but are the temple of the Holy Spirit, which God has given to us. As stewardship, in all matters of life, is a basic requirement of Christians, so is stewardship, or indulgence, in sex. Rather than being a slave to the sex urge, the Christian is entrusted to the care of his body as a dwelling place of God. He must realize the challenge and the responsibility to glorify God, and to present his body as a living sacrifice, holy and acceptable to God, which is his reasonable service. As he is of what he eats, drinks, wears, or any other possession.

[Based on copyrighted lessons produced by the Department of Christian Education of the National Council of Churches of Christ in the U.S.A., and used by permission.]

WHEN A POWER STATION DOESN'T EARN ITS KEEP, WHO'S GOING TO PAY FOR IT?

You are. All because of a regrettable reality called the unbalanced demand for power.

It's like this.

In the summertime, when air conditioners are humming, people are using Vepco for all they're worth. Using us so much that we have to build and man and operate new generating stations—over and above those built to take care of normal wintertime growth—just to keep pace with your summertime demand.

Then comes winter. And your demand for power drops.

And suddenly about 17% of our generating equipment isn't earning its keep. Isn't making electricity.

But we still have to maintain that equipment. And the only place we can get the money to do so is from our customers.

Now we don't like that any more than you do. So we're doing all we can to solve the problem.

And the solution is obvious. Sell more power in the wintertime to help balance the summer demand. Put that equipment to work all year-round, so it can pay for itself.

That's why we promote electric home heating. And that's why, whenever someone selects clean, flameless, electric heat, he makes life more comfortable for everybody. Not just his lucky family.

Because by operating our equipment at a higher level, he's helping us keep our rates down.

And that's something every one of us wants.

WHAT THIS COUNTRY NEEDS IS A BETTER BALANCE OF POWER.

Vepco

Rep. Daniel Greets Leaders

Congressional Switch In Motion

Watkins M. Abbitt, retiring representative of the Fourth Congressional District, and W.C. (Dan) Daniel, incumbent candidate for the Fifth Congressional District, met with area officials and civic leaders in Farmville on Saturday, October 7.

The purpose of the meeting was to make preliminary plans for a "Get-Out-The-Vote" effort in the eight-county area formerly in the Fourth District which will be incorporated in Daniel's District.

In an informal welcome to the group, Daniel stated that this gathering represented the first election-oriented effort among his new constituency.

He emphasized that it was hoped the group would constitute a nucleus to which would be added a broad sector of the citizens interested in working for his reelection to the Congress on November 7.

"While I welcome the support of all the citizens, a recent announcement of a Get-Out-The-Vote Committee for me by others in the area was without my knowledge," Congressman Daniel said.

Qualified residents in the eight-county area will vote as Fifth District citizens, not as formerly in the Fourth District, Daniel will represent the new Fifth counties with commencement of a new two-year term in January, 1973, and the reconvening of Congress for a new session.

Daniel is unopposed in the November 7 election within the largest geographical district in Virginia, but, as all candidates, seeks as large a vote of endorsement as possible.

Leaders from the following counties were present for a reception and luncheon at Hotel Weyanoke Saturday, Amelia, Appomatox, Buckingham, Cumberland, Lunenburg, Nottoway, Powhatan and Prince Edward.

ROCKS

Oct. 9 - The ground is really wet now. Farmers will be delayed with their wheat sowing.

We had a nice crowd out for the Group I Meeting on Tuesday night. You missed a lot by not coming out. The missionary was wonderful.

A speedy recovery is wished J. Mott Harvey who has returned home from a Lynchburg Hospital.

Harry Almond accompained his uncle and aunt, Mr. and Mrs. Hutson Dickerson home last Tuesday afternoon.

The Rocks Extension Home Makers club will meet with Mrs. Thomas Ranson on Oct. 17th at 7:30 p.m. (Note change of place.)

Harry Elder of Bluefield College arrived Wednesday for a few days with his parents, Rev. and Mrs. W. H. Elder.

A speedy recovery is wished Alese Cumby who is sick.

Mr. and Mrs. John Ranson and Aubrey Ranson spent the week end at Virginia Beach with Mr. and Mrs. Ernest Ranson and family.

Mr. and Mrs. Ralph Rise of Mich. stopped by Sunday and Sunday night to see Mr. and Mrs. R. E. Roach enroute to Florida to spend the winter.

The Quartet and a few others went up to Lynnhurst to furnish special music for a Sunday School Rally on Saturday night.

Miss Mable Farmer and mother arrived Friday from Williamsburg to spend the week end with the former's aunts, Mrs. Clara Garrett and Mrs. Alice Jackson of Evergreen before returning to Webber City.

Several from here attended the shower given Mrs. Dalton Elder on Friday night at Pamplin.

Don't forget the Appomattox Association on Thursday night at Hollywood and on Friday at Evergreen.

est sympathy. May God ever comfort you in your hour of sorrow.

How many drinks are "too many?" The Virginia Safety Division says each individual may be affected differently by alcohol at different times. Factors involved include weight, physical condition, fatigue, emotional stress and many more. Before you drive, be sure you are in "safe driving condition."

* * *

Virginia's Highway Safety Division asks motorists to keep litter bags handy in their cars and use them. It is unlawful to throw glass, bottles or cans upon the highway or to dump trash on the public highway or right-of-way. Please don't litter – let the summertime greenness show through.

* * *

HEARING PROBLEMS?

Because the first step toward obtaining help for a hearing impairment usually is to have a hearing test, each community should insure each citizen has the opportunity to obtain a convenient, economical annual hearing test.

JORDAN BAPTIST

"Not unto us, O Lord, not unto us, but unto thy name give glory, for thy mercy, and for thy truth's sake."

The Jordanaires will sing here the 5th Sunday night at 7:30 p.m. The public is invited to attend.

On the first Sunday night in November at 7:30 p.m. the Gospel No Names will be singing here. Plan now to attend for an evening of good listening enjoyment.

The people of the community extends to the family of Mr. Douglas Patterson their deep-

KINGS SUPERMARKET
THE UNDERPRICER – DOUBLE S & H GREEN STAMPS EVERY TUESDAY
FREE!
NEW 1973 PINTO

AUTOMOBILE
Kings Super Markets is giving away free, a 1973 Ford Pinto, November 1st, 1972. Entry blanks available in all Kings Super Markets, no purchase required, must be 18 years of age or over to enter. Deadlines for entry, October 28, 1972. Nothing to buy, nothing else to do.
H & C COFFEE lb. bag 69¢
NEW STORE HOURS 8 A. M. Til 9 P. M.
Six Days A Week

WHAT DOES THE FUTURE HOLD?
None of us can accurately predict the future. But a firm Christian faith can help prepare us for what the future brings.
Walk With Christ – He Knows Your Tomorrows

REV. EARNIE W. LUCAS
PASTOR

Mission Conference
began last evening and will continue thru Sunday.
The public is cordially invited to attend
Services begin each evening at 7:30 P. M.
and refreshments after each service.
Come get acquainted with our missionaries.
Homecoming day is this Sunday.
Lunch after Morning Services.
Friends in the area are invited to attend.
Bible Baptist Church
INTERSECTION OF RT. 24 AND RT. 26 APPOMATTOX, VIRGINIA

LYNCHBURG FEDERAL'S GUARANTEED INTEREST RATE
ON
3 MONTH TO 5 YEAR SAVINGS CERTIFICATES
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MAKE YOUR SAVINGS GROW FASTER
BECAUSE
ALL THESE CERTIFICATE RATES ARE COMPOUNDED DAILY
FOR BETTER LIVING
SAVE AT
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